



SELF-REGULATION AND SOCIAL PROBLEM SOLVING GROUP

About

This small group teaches self-regulation skills using the Zones of Regulation curriculum. Children will then practice applying regulation skills through activities and games with group peers. Groups will be capped at 8 students.

Skills covered include:

identifying emotions/zones, using strategies to move back to the green zone, thinking about how others feel, compromising with peers, taking turns, following directions/rules in the game, and managing emotions while playing

Who

Students in
K to 2nd Grade

When

Mondays 4:30 to 5:15
1/8/24 to 2/19/24

Facilitators

Desiree Mahiquez,
Ed.S., NCSP, BCBA and
Tisha Conaway, BCBA

Cost
\$300



Contact us for more information or to sign up:
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